

Houston Tidelanders

WHEN I LIFT UP MY HEAD

**Words and Music by DOTTIE RAMBO
Arr. by David Wright 8/18/98
*for the AMBASSADORS OF HARMONY***

When I'm down, when I'm down and out, when I'm down and out,

Well, when I'm down, when I'm down and out, when I'm down and out,

When I'm down, when I'm down and out, when I'm down and out,

When a-my heart, fear and doubt, heart is filled with fear and doubt, Well, I lift up my head, then He

when a-my heart, fear and doubt, Well, I lift up my head, then He

a-way, roll a-way.

lifts up my heart, And my trou-bles just all roll a-way. Roll a-

trou-bles just all roll a-way, roll a-way, roll a-way.

Roll a-way, roll a-way, Lord,

way, Lord, Roll a-way, trou-bles all a-way, Lord, roll a-way, Lord,

Roll a-way, roll a-way, Lord,

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Roll a-way, roll a-way, Lord. lift up my head, then He
 way, Lord, trou-bles all a-way, Lord. For when I lift up my head, then He
 Roll a-way, roll a-way, Lord. lift up my head, then He
 roll a-way, Lord.

lifts up my heart, And my a-way, roll a-way.
 lifts up my heart, And my trou-bles just all roll a-way. Now,
 lifts up my heart, And my trou-bles just all roll a-way.

ah. 17 ah. 18 ah. 19 ah. 20
 I can't see the sun with my head to the ground. Tears dim my vis-ion and weight my heart down.
 ah. 21 ah. 22 ah. 23
 The tears pray:
 daht daht daht daht when I knelt to pray; When I
 But I found the se-cret when I knelt to pray;
 lift up my head, then He lists up my heart, And my
 lift up my head, then He lifts up my heart, And my trou-bles just all roll a-

lift up my head, then He lifts up my heart, And my trou-bles just all roll a-

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way, roll a-way. Roll a-way, Lord, roll a-way, Lord,

way, roll a-way. Roll a-way, Lord, roll a-way, Lord,

way, roll a-way. Roll a-way, Lord, roll a-way, Lord,

way, roll a-way. Roll a-way, Lord, roll a-way, Lord,

way, Roll a-way, roll a-way, Lord. For when I lift up my head, He

Roll a-way, roll a-way, Lord. roll a-way, Lord.

roll a-way, Lord.

Option: skip to m. 42

lifts up my heart, And my troubles just all roll a-way. roll a-way. Roll a-

lifts up my heart, And my troubles just all roll a-way. roll a-way. Roll a-

Roll a-way, roll a-way, Lord, Roll a-way, roll a-way,

way, Lord, troubles all a-way, Lord, Roll a-way, Lord, roll a-way,

Roll a-way, roll a-way, Lord, roll a-way, Lord, roll a-way,

roll a-way, Lord. For when I lift up my head, He lifts up my heart, And my

roll a-way, Lord. roll a-way, Lord, lift up my head, He lifts up my heart, And my

Optional abridgment resumes here from m. 33

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a - way;

42 43 44 45

— trou - bles just all roll a - way, roll a-way;— my trou - bles just all roll a -
way, roll a - way, roll a-way, roll a - way.

46 47 48(1) 49 50

ff way.
way, roll a - way, roll a - way, roll a-way, roll a - way.

roll a-way, trou - bles all a-way, roll a-way, roll a - way.

The musical score consists of two staves of handwritten notation. The top staff begins at measure 42 with a treble clef, a key signature of one flat, and a common time signature. It features eighth-note patterns and rests. The lyrics "trou - bles just all roll a - way, roll a-way;— my trou - bles just all roll a -" are written below the notes. Measures 43 through 45 continue this pattern. Measure 46 begins a new section with a forte dynamic (ff), a bass clef, and a key signature of one flat. The lyrics "way, roll a - way, roll a - way, roll a-way, roll a - way." are repeated. Measures 47 through 50 conclude the section. The notation includes various slurs, grace notes, and dynamic markings like ff and f.